

# SDOE Expectations

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1. Focus on YOUR growth, you are responsible for YOU. You are not here to change your partner.
2. No one but you can do the work - you will truly get out of this what you choose to put into it.
3. Be honest and real. Participation is expected.
4. Use common sense when deciding what to discuss, especially when it pertains to your significant other. Do not share things to hurt or embarrass.
5. Show respect for others' opinions and experiences.
6. Confidentiality is crucial; we ask that you do not discuss particulars with those outside of class.
7. Attendance is mandatory. If you miss, you are expected to contact the teaching team to schedule a one-on-one make up time before the next session.
8. You will have weekly study material, which will be necessary for your relational growth and communication. Look at it as date night material!
9. Teachers are not counselors, but we are well-trained mentors who offer tools, skills, resources, and experience for your growth.
10. If there are specific current issues such as: substance abuse, infidelity, physical abuse, mental illness, etc. We would ask that you speak to one of the teaching team immediately to decide if this is the right class to attend.
11. Pastor Mike Sweigard is our overseeing pastor and Sharon Davis is our staff counselor.

12. Commit to pray each day FOR your partner, and grow into praying each day WITH your partner.