# Parenting

SDOE Spring 2022

## What we would like to share with you...

Importance of the World View being taught

Goals in Parenting

10 Actions Kids Need from Caring Adults

Thoughts on Tech use

Some things to remember in the Child Development Phases

Giving Your Child a Purpose / Some Encouragement

# Icebreaker

#### **Growing up...**

- What was the worst clothing style choice you ever made?
- What was the worst haircut you ever had?
- Favorite seasonal activity or memory
- Favorite teacher ever and why
- Favorite family tradition
- Favorite thing you did with your dad or mom

## Break Out Groups

Questions to Explore...

- What is something you think you would do well as a parent?
- What is an area you would like to improve before becoming a parent?
- What are some of the greatest difficulties you feel parents face today?

(You may not be currently parenting, but apply the questions to where you are today)

## Parenting 101

# BEGIN WITH THE END IN MIND! BE INTENTIONAL NOT REACTIVE!

#### Psalm 90:12

Teach us the brevity of life, that we may grow in wisdom.

**NLT** 

"You cannot raise your children as your parents raised you, because your parents raised you for a world that no longer exists."

# You may parent even if you don't have kids of your own!

- Volunteer / Mentor
- Teacher / Coach
- Offering help to single parents
- Help with other family members
- Foster care
- Adoption

## Just for thought...

• Between 1960 and 2016, the percentage of children living in families with two parents decreased from 88 to 69. Of those 50.7 million children living in families with two parents, 47.7 million live with two married parents and 3.0 million live with two unmarried parents.

• During the 1960-2016 period, the percentage of children living with only their mother nearly tripled from 8 to 23 percent and the percentage of children living with only their father increased from 1 to 4 percent. The percentage of children not living with any parent increased slightly from 3 to 4 percent.

#### Secular vs. Biblical World View

#### Secular

- Ever changing
  - Discipline, Psychology,
     Spiritual, Gender
- Only as good as Parental Effort
- Success oriented
- Haphazard

#### **Biblical**

- Constant / Consistent
  - Scripturally directed
- Supernatural help and guidance
- Christ-centered
- Intentional

## Who Shapes a Child's Worldview?

- 1. Parents
- 2. Other Family Members, typically Grandparents
- 3. Teachers / Coaches
- 4. Friends / Media
- 5. Pastors / Religious Leaders

### Several Things in Teaching a Biblical World View

- 1. Pray for your children
- 2. Be united as parents
- 3. Model for your children
- 4. Helping Children Develop a Love for the Bible
- 5. Helping them understand the Authority of Scripture
- 6. Trusting the Sufficiency of Scripture
- 7. Help Children Learn how to live according to God's Word
- 8. Help a Child Develop a Biblical Worldview utilizing Colossians 2

#### Colossians 2: 8-10

- 8 Don't let anyone capture you with empty philosophies and high-sounding nonsense that come from human thinking and from the spiritual powers of this world, rather than from Christ.
- 9 For in Christ lives all the fullness of God in a human body.
- 10 So you also are complete through your union with Christ, who is the head over every ruler and authority.

## Philippians 1:9-10...

"9And this is my prayer; that your love may abound more and more in knowledge and depth of insight, 10so that you may be able to discern what is best and may be pure and blameless for the day of Christ."

NIV

## Teach the Bible's Big Story

- Creation Where did the world come from?
   God made the world good.
- 2. Rebellion What is wrong with the world?

  Sin made the world groan.
- 3. Salvation What is the answer for sin?

  Jesus paid the penalty for sin.
- 4. Restoration What happens at the end of the story?

  God will make the world new.

# Goals in Parenting...

- Confidence
- Character
- Convictions
- Compassion
- Competence

#### Confidence...

The goal here is to help them learn to have a healthy confidence that they can feel good about themselves. You want them to know who they are because of **Whose** they are and obviously not become arrogant.

## Psalm 139:14 says...

"I praise you because I am fearfully and wonderfully made; your works are wonderful. I know that full well

NIV

# Goals in Parenting...

- Confidence
- Character
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#### Character ...

 You want to help them develop a moral compass to guide them in their decisions, values and integrity.

 You want them to have a Christ Like Character, that to become like Christ. This Is best caught than taught, it's your model.

# Goals in Parenting...

- Confidence
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#### Convictions...

- This is to convey beliefs.
- Beliefs are based on, what you feel and what you say.
- These also are something that is more caught than taught.

Note that... (Convictions shape true character.)

# Goals in Parenting...

- Confidence
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## Compassion...

 This is to help them learn how to have a Loving concern for those who are marginalized. You want to help them take the focus off of themselves.

## Philippians 2:3-4

"Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interests, but also in the interest of others."

But in doing so you also want to keep in mind...

## Ephesians 6:4

"Fathers do not exasperate your children, instead, bring them up in the training and instruction of the Lord."

# Goals in Parenting...

- Confidence
- Character
- Convictions
- Compassion
- Competence

## Competence...

 You want your child to be able to accomplish what they are asked to do. So, they must believe in themselves. You can do this by encouraging them.

This goes hand in hand with Confidence. Building confidence leads to having competence.

#### 10 Actions Kids Need from Parents

- 1. Strong belief in your role as a parent
- 2. Ongoing affection
- 3. Encouraging words
- 4. Serious fun
- 5. Delicate Discipline

- 6. Activate responsibility
- 7. Positive memories
- 8. Consistent presence
- 9. Role models
- 10. Peaceful homes

#### Tech Use ...

- Children use icons before reading or learning numbers and alphabet.
- "Hard-Wiring" in the formative years (Age 1-5 with frontal development continuing into the teen years)
- Nature Deficit Disorder (Children spend 50% less time outdoors than parents did)
- Addiction Issues

#### Tech Use ...

- Absence of boundaries, monitoring (can constitute neglect)
- Consider cumulative use of all media forms
- Raising "infantile adults" who are also being exposed prematurely to harmful input / sin.

We would like to encourage you to...

HAVE A PLAN! Make adjustments by age and earned responsibility.

## Child Development Phases / Parents Role

Some Things to remember (What are my expectations?)...

Roles are... age and maturity dependent.

Personality profiles / Love Languages factor heavily.

Responsible parents work themselves out of their job as they move through these phases.

## Child Development Phases / Parents Role

- Caretaker
- Provider
- Protector
- Teacher

- Coach
- Mentor
- Disciplinarian
- Spiritual Development

## Spiritual Development

#### Parents Role

- Your highest calling
- You are answerable before God
- No other church/school/coach/or family member bears your responsibility
- Children learn most from what they see versus what they hear...
   (more is caught than taught!)
- We give time, energy, money and attention to sports, lessons, academics, and recreation when our BEST should be given to their Spiritual Growth.

### Spiritual Development Couple Discussion Parents Role

 Who has been the most influential person in your spiritual development? How did they help you?

Was it a...

• Parent or Someone else?

## Give Your Child a Purpose

- Encourage them to work hard
- Set a high bar make sure it is attainable
- Lead them to want to pursue a relationship with God.
- Look for opportunities for them to serve. Ie... Mission Opportunities, helping the elderly, helping at a food bank, serving in the church ministries
- Look for opportunities to give Teach them stewardship of resources... time and money.
- Be... Loving, Sensible, Involved and Forgiving

## What we have learned personally!

- The Formative Years, 1-5, are very important in hard wiring children.
- Work will always be there... we only get one chance in raising our children.
- It is important to make sacrifices on our part for our children.
- Involvement in church life is important. Help them learn the importance of being involved in the body of Christ.
- It is important to limit their activity involvement, you can't do everything.
- We need to be unified in our parenting and in our marriage.

## Christian Parenting References

- > Dr. James Dobson
  - Dare to Discipline
  - Parenting Isn't for Cowards
  - The Strong Willed Child
- > Family Driven Faith Voddie Baucham Jr.
- University of Destruction David Wheaton
- > You Lost Me David Kinnaman
- ➤ Risen Motherhood Emily Jensen & Laura Wilfer
- > Aren't They Lovely When They're Asleep Ann Benton
- ➤ What the Bible Says About Parenting John MacArthur
- ➤ Have a New Kid by Friday Dr. Kevin Lehman
- Right Now Media Parenting Section
- > RenewaNation.com great resource for developing a Biblical Worldview

## Christian Parenting References Continued...

- > Focus on the Family: 7 Traits of Effective Parenting Assessment
- ➤ Google: Focus on the Family General Parenting Tips
- Family Talk Online Radio with Dr. James Dobson
- Focus on the Family Online Radio with Jim Daily
- Family Life Today Online Radio with Dave and Ann Wilson
- Understanding Triggers for more Peaceful Parenting by Amber Lia & Wendy Speake
- ➤ Doing Life with your Adult Children (Keep Your Mouth Shut & The Welcome Mat Out) by Jim Burns
- ➤ Handout Resource 6 Super T's to Stay Close to Your Children by Dr. Tim Clinton

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